



# Me, Myself & Lies

By Jennifer Rothschild

## A Thought Closet Makeover

What thoughts do you store in your thought closet? Do you store thoughts of putting yourself down about the way you look, the way you think? Do you call yourself names? Are there life situations that have scarred you and keep you from liking yourself? If you answered yes to any of these questions, then this study is "tailor" made for you! Join us and learn to love yourself the way God loves you.

Jennifer Rothschild's book and videos will teach you how to clean out your overcrowded and unwanted thoughts and make room for the loving thoughts God wants you to have about yourself. Please make plans to join us each week for this seven week study.

**Hosted by:** Dr. Karen Royer of Crossroad Counseling Associates  
**Where:** Crossroads Counseling Offices  
4131 Spicewood Springs Road  
Located in Bldg K - Suite 1  
**When:** Tuesdays 6:00 - 7:30 pm,  
beginning Sept. 8th-Oct. 20th  
**Cost:** \$40 per week (pay in full  
by Sept 8th and receive 1 week  
FREE!) All materials included

To register or for more information, please call 512-346-9299. Seating is limited to 10 people

